



# S&B

SALT & BARREL

## STARTERS

CHEFS SOUP OF THE DAY £2.00

See server for details

CRISPY TEMPURA £3.00

Choice of:

Chicken

Prawn

Mixed Vegetable

Each served with sweet chili dip and teriyaki glaze

FANTAIL OF MELON £3.00

Served sorbet and coulis

PRAWN MARIE ROSE £3.00

With avocado and bound in marie rose sauce

POACHED PEAR SALAD £3.00

With walnut, blue cheese and a light dressing

## LIGHT BITES £3.50

ON A OPEN SANDWICH OR BAGEL

BLT

HAM AND CHEESE

SMOKED SALMON WITH CREAM  
CHEESE

## MAINS £5.50

THAI VEGETABLE CURRY

Served with rice and prawn crackers

HADDOCK AND CHIPS

Beer battered, served with mushy peas, tartar sauce and lemon wedge

RISOTTO

Our special of the day, see server for details

HOMEMADE BEEF BURGER

Served with chips and coleslaw

MACARONI CHEESE

Served with garlic bread, with or without bacon

CHICKEN FAJITA

Served with sour cream, guacamole, salsa and cheese

HOUSE SALADS

Poached salmon and melon

Smoked chicken with mango and cashew nuts

## SIDES £1.20

CHIPS

GARLIC BREAD

ONION RINGS

May we respectfully remind guests that this is a training environment; therefore the menu may be subject to change. If you have any dietary requirements please let us know before you order.